

PURA VIDA USA

NEW YEAR'S 2010 RETREAT

YOGA CREATIVITY & HEALING

January 1 – 3, 2010



**Co-Sponsored by Georgia State University
Office of Employee Development and Wellness**

Pura Vida USA is a beautiful Yoga Retreat & Wellness SPA nestled in lush forest and surrounded by the Blue Ridge Mountains. There is a healing hot tub & free Wi-Fi access on property. Healthy food is served with fish & chicken dishes.

Near Dahlonega, Ga., a relaxing 85 minute drive from Atlanta. Register with Sandy or Margaret @ 866-345-4900. See www.puravidausa.com for viewing & directions. Email teacher with questions, Janet Wice, E-RYT500, ajwice@msn.com. \$325.00 by 11/15/09; \$360.00 after 11/15/09 includes: double occupancy, private bath, nutritious daily meals; all yoga, group sessions & taxes. SPA treatments & tips not included.

Check-in 3pm 1/1/10; check-out 11am 1/3/10 (flexible).